

## What is TYPE 2 DIABETES?

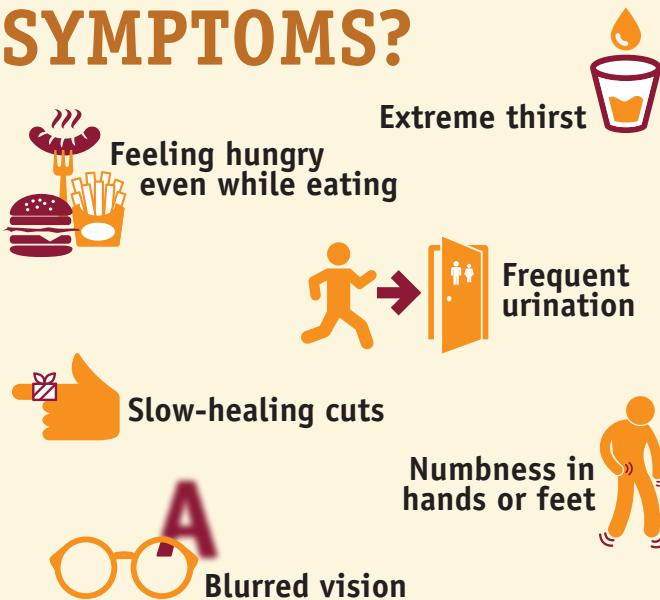
▶ A condition that occurs when your body **CAN'T PROPERLY PROCESS SUGAR INTO ENERGY**

- ▶ The body fails to use insulin correctly, or
- ▶ The pancreas fails to make enough insulin



More than 29 million adults in the U.S. have diabetes

## What are the SYMPTOMS?



## What Parts of Your Body Can BE AFFECTED BY DIABETES?



## Why is it DANGEROUS? High blood sugar can:



Increase risk of heart disease or heart failure



Lead to stroke



Threaten vision, limbs & extremities

Cause high blood pressure



Raise cholesterol



Information provided for educational purposes only. Please consult your health care provider regarding your specific health needs.

For more information, visit [WMCHealthAPS.com/Heart](http://WMCHealthAPS.com/Heart)